

The resources you need to meet life's challenges



EmployeeConnectSM offers professional, confidential services to help you and your loved ones improve your quality of life.

 In-person guidance	 Unlimited 24/7 assistance	 Online resources
<p>Some matters are best resolved by meeting with a professional in person. With <i>EmployeeConnect</i>, you and your family get:</p> <ul style="list-style-type: none"> Up to five in-person sessions with a counselor per person, per issue, per year¹ In-person consultations with network lawyers, including one free 30-minute in-person consultation per legal issue, and 25% off subsequent meetings 	<p>You and your family can access the following services anytime online, via the mobile app, or with a toll-free call:</p> <ul style="list-style-type: none"> Information and referrals on family matters, such as child and elder care, pet care, vacation planning, moving, car buying, college planning, and more Legal information and referrals for family law, estate planning, and consumer and civil law² Financial guidance on household budgeting and short- and long-term planning 	<p><i>EmployeeConnect</i> offers a range of information and resources you can research and access on your own. Expert advice and support tools are just a click away when you visit GuidanceResources.com or download the GuidanceNowSM mobile app. You'll find:</p> <ul style="list-style-type: none"> Articles and tutorials Videos Interactive tools, including financial calculators, budgeting worksheets, and more

¹ In California, up to three sessions in six months, starting with initial contact by the employee.

² Services aren't included for employment law issues.

EmployeeConnectSM

EMPLOYEE ASSISTANCE PROGRAM SERVICES

Confidential help available 24 hours a day, seven days a week for employees and their family members. Get help with:

• Family	• Emotional	• Relationships
• Parenting	• Legal	• Stress
• Addictions	• Financial	

We partner with your employer to offer this service at no additional cost to you!



***EmployeeConnect* counselors are experienced and credentialed.**

When you call the toll-free number, you'll talk to an experienced professional who will provide counseling, work-life advice, and referrals. All counselors hold master's degrees, with broad-based clinical skills, and at least three years of experience in counseling on a variety of issues. For face-to-face sessions, you'll meet with a credentialed, state-licensed counselor.

You'll receive customized information for each work-life service you use.



Take advantage of *EmployeeConnect*

To learn more, visit GuidanceResources.com.

New users click **Register** (web ID: LFGSupport)

Follow the prompts to create your **username** and **password**

Don't forget to download the **GuidanceNowSM** mobile app.

For telephonic assistance, please call 888-628-4824.

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Product availability and/or features may vary by state. Limitations and exclusions apply.

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