



The best option may not be the emergency room

Emergency care can save your life if you're seriously sick or injured. But for less severe complaints, you may get faster and less expensive treatment elsewhere. Instead, call your primary care doctor or head to an urgent care center.

Call your doctor if you have:	Call your doctor or try urgent care for:	Head to the emergency room for:
<ul style="list-style-type: none">• Earache• Cough• Sore throat• Fever <p>See your doctor for concerns about chronic health issues. Your doctor will direct you when you're not sure where to go.</p>	<ul style="list-style-type: none">• Ear infections• Flu-like symptoms• Minor cuts• Burns• Sprains• Simple fractures <p>Try your doctor first if his/her office is open. If the office is closed, head to the urgent care center.</p>	<ul style="list-style-type: none">• Trouble breathing• Sudden blurred or lost vision• Head trauma or sudden confusion• Uncontrollable bleeding, vomiting or diarrhea• Chest pain or pressure• Abdominal pain

Whether you are in Kansas or traveling elsewhere, in case of a true emergency, always go to the nearest hospital.



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